

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Dallas County**

	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	19.0	18.8	16.9
No Health Coverage	21.0H	17.4 H	12.3
B ehavioral Risk Factors			
Physical Inactivity	25.7	24.3	23.0
Current Smoker	34.4	26.8	26.5
Overweight (BMI 25-29.9)	41.8	35.6	35.3
Obese (BMI ≥ 30)	17.8	23.4	23.4
D isease and Conditions			
High Blood Pressure	20.1	27.9	28.5
High Cholesterol (35 years or older)	30.5	37.2	37.3
Asthma	11.3	11.6	10.7
Diabetes	6.1	6.4	7.2
Activity Limitation	13.3	18.0	17.8
C ancer Screening			
<i>Women</i>			
Never had a Mammogram	24.2	17.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	68.1	52.3	49.4
50-64 years of age	52.1	43.3	35.9
65 and older	52.6	51.3	47.4
Never had a Pap Test:			
18-69 years of age	6.5	4.5	5.1
70 and older	0.0 L	8.6	6.4
No Pap Test in Last Year (18-29)	45.2	28.1	25.8
No Pap Test in Last 3 Years (30-69)	7.1	13.8	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	55.3	51.4	57.0
No Blood Stool Test in Last Year	73.9	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	44.7 H	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	59.7	63.3 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Dallas county were obtained by combining data from Dallas and Polk counties.